



The Benefits of Routine Lab Testing

Regular blood and urine testing is one of the most important ways to keep track of overall physical well-being. Many doctors will recommend blood and urine testing at least once a year as part of an annual physical. More frequent testing is warranted for patients experiencing unusual, persistent symptoms — anything from fatigue to pain to abnormal weight gain or weight loss.

Blood tests can help reduce the risk of disease or complications — many heart, lung, and kidney conditions can be diagnosed using blood tests. Routine testing is key to optimizing health — knowing levels of HDL and LDL cholesterol allows patients to adjust their diet and fitness plans while minimizing unhealthy habits.

Having your urine examined can also help to monitor organ function and detect signs of possible health concerns, including urinary tract infections (UTI), kidney disease, liver disease, and diabetes.

Blood Chemistry Tests

GRI offers a wide variety of common blood tests, including the following:

- Complete Blood Count (CBC)
- Basic Metabolic Panel (BMP)
- Comprehensive Metabolic Panel (CMP)
- Lipid Panel
- Hepatic Panel
- Renal Panel
- Iron Studies
- Thyroid Panel
- Magnesium
- Uric Acid
- Hgb A1c
- PSA and Free PSA

Urinalysis Microscopy Test

GRI's Urinalysis Microscopy test uses automated technology to screen for the presence of bacteria, nitrates, and other debris in urine. In the case of a positive screen, GRI's follow-up Urinary Tract Microbiota (UTM) test can provide confirmation and identify the specific pathogen causing urinary distress. The UTM test also displays antibiotic sensitivity and resistance in a clear, customized report so that the best course of treatment can be initiated quickly.

Efficient, Reliable, and Friendly Clinical Testing

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